



Hwb Dinas Bangor

Hwb Cymorth Cymunedol / Community Support Hub
Ffordd Gwynedd, Bangor, LL57 1DT
hwb.hub@bangorcitycouncil.com

Hwb Dinas Bangor is a multi-agency service with Bangor City Council, the voluntary sector and community groups delivering key health, social and wellbeing interventions to the residents of Bangor.

The hwb offers an opportunity to seek support in a safe and compassionate environment and offers many services which are delivered through a network of delivery partners.

Services include, but are not limited to:

- Food support
- Accommodation/tenancy support
- Money/debt management/benefit advice
- Legal advice (family, employment, civil matters)
- Fuel/heating support
- Family support
- Gender advice/guidance/information/groups
- Resettlement support
- Mental & physical health support
- Domestic abuse support
- Substance abuse support
- Digital inclusion
- Entry to employment/sustaining employment

You can book space at the hwb for your meetings or clubs. Each space has a large screen for your laptop and free wifi to get online/host virtual meetings.

To access the services offered at the hub, you can:

- Drop into the hub in person during opening times (9.30am – 4pm, Monday-Friday)
- Refer yourself/someone by emailing the hub @ hwb.hub@bangorcitycouncil.com.
- Call 01248 352421 during normal office hours or leave a message.





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Mae Hwb Dinas Bangor yn wasanaeth aml-asiantaeth gyda Chyngor Dinas Bangor, y sector gwirfoddol a grwpiau cymunedol yn darparu ymyriadau iechyd, cymdeithasol a lles allweddol i drigolion Bangor.

Mae'r hwb yn cynnig cyfle i geisio cymorth mewn amgylchedd diogel a thosturiol ac yn cynnig llawer o wasanaethau sy'n cael eu darparu drwy rwydwaith o bartneriaid cyflenwi.

Mae gwasanaethau'n cynnwys, ond heb fod yn gyfyngedig i:

- Cefnogaeth bwyd
- Cefnogaeth llety/tenantiaeth
- Rheoli arian/dyled/cyngor budd-daliadau
- Cyngor cyfreithiol (teulu, cyflogaeth, materion sifil)
- Cefnogaeth tanwydd/gwresogi
- Cymorth i deuluoedd
- Cyngor/arweiniad/gwybodaeth/grwpiau rhyw
- Cefnogaeth adsefydlu
- Cefnogaeth iechyd meddwl a chorfforol
- Cefnogaeth cam-drin domestig
- Cefnogaeth cam-drin sylweddau
- Cynhwysiant digidol
- Mynediad i gyflogaeth/cynnal cyflogaeth

Gallwch gadw lle yn yr hwb ar gyfer eich cyfarfodydd neu glybiau. Mae gan bob gofod sgrin fawr ar gyfer eich gliniadur a wifi am ddim i fynd ar-lein/cynnal cyfarfodydd rhithwir.

I gael mynediad at y gwasanaethau a gynigir yn y ganolfan, gallwch:

- Galwch draw i'r ganolfan yn ystod oriau agor (9.30am – 4pm, dydd Llun i ddydd Gwener)
- Cyfeiriwch eich hun/rywun drwy e-bostio'r hwb @ hwb.hub@bangorcouncil.com.
- Ffoniwch 01248 352421 yn ystod oriau swyddfa arferol neu gadewch neges.

